



LA ISLA

MEXICAN GRILL

LaIslaGrill.com

APPETIZERS

SUPER NACHOS.....14.75

Fresh chips, refried beans, with a choice of chicken, ground beef or picadillo (shredded beef) topped with melted cheese, tomatoes, green onions, sour cream and guacamole.

(EXTRA CHEESE - 2.00)

LOAD YOUR NACHOS

ADD PICO DE GALLO - .75 | ADD LETTUCE - .75

CHICKEN QUESADILLA.....14.75

Shredded chicken, cheese, garnished with lettuce, tomato, guacamole and sour cream.

CHEESE QUESADILLA.....12.50

Large flour tortilla stuffed with cheese. Garnished with lettuce, tomato, sour cream and guacamole.

CHICKEN TAQUITOS.....14.75

Crispy flour tortillas filled with shredded chicken topped with red sauce, parmesan cheese and garnished with tomatoes, lettuce, sour cream and guacamole.

MEXICAN PIZZA14.75

Large crispy flour tortilla topped with beans, cheese, fresh tomatoes, green onions, lettuce, sour cream, guacamole and choice of chicken, beef or shredded beef.

CHICKEN WINGS



CEVICHE



CHICKEN WINGS.....13.00

Eight wings tossed in your choice of mango habanero or buffalo sauce served with carrots and celery.

CEVICHE*.....24.00

Fresh shrimp (raw or cooked) marinated in lime juice, mixed with tomatoes, onions, cilantro and avocado.

TAQUITOS RANCHEROS.....15.00

Three crispy fried tacos filled with chicken or shredded beef, drizzled with mild red sauce, and topped with parmesan cheese, guacamole, and sour cream.

DIPS

GUACAMOLE DIP.....7.00

FRESH TABLESIDE GUACAMOLE14.00

Made fresh at your table

CHEESE DIP

ADD CHICKEN OR BEEF - 1.00 | SMALL - 3.95 | LARGE - 7.95

CHORIZO CON QUESO.....8.95

GUACAMOLE



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We reserve the right to add 18% gratuity to parties of 8 or more.



All To-Go Orders, add 25¢



Hey Hombre, Checks Not Accepted



Caution: Dishes may be extremely hot

SALADS

FAJITA SALAD

A crisp garden salad topped with your choice of meat garnished with cucumber, avocado, tomatoes, sliced egg, grilled onions, and peppers.
SHRIMP - 17.00 | CHICKEN - 17.00 | STEAK - 21.00

CRISPY CHICKEN SALAD 17.00

A refreshing salad with crispy chicken, crisp lettuce, tomatoes, onions, cheddar cheese, and a hard-boiled egg.

CAESAR SALAD17.00

Grilled chicken, crisp lettuce, tomatoes and Parmesan , all tossed in a creamy Caesar dressing.

LA ISLA SALAD21.00

Grilled, seasoned salmon served over crisp romaine and fresh spinach, topped with juicy tomatoes, onions, and a flavorful mango sauce.

DINNER SALAD8.00

Lettuce, tomatoes, onions, green bell peppers, cucumber, and cheddar cheese.

BURGERS

EL MUCHO BIG-O BURGER



EL MUCHO BIG-O BURGER*15.50

Double patty burger grilled with bacon and American cheese. Served with lettuce, tomatoes, onions and fries.

CHEESEBURGER*13.25

1/3 lb. burger topped with American cheese. Served with lettuce, tomatoes, onions and fries.

JALAPEÑO BURGER*13.25

1/3 lb. burger topped with American cheese and a nice roasted jalapeño. Served with lettuce, tomatoes, onions, mayo and fries.

CHICKEN TENDER MEAL.....13.25

Served with fries.

CHICKEN SANDWICH.....13.25

Grilled or crispy chicken breast served with lettuce, tomatoes, onions and fries.
Add bacon. - .75

EGG DISHES

Served with rice and beans

HUEVOS RANCHEROS*.....15.00

Three eggs over-easy, covered with mild red sauce and Jack cheese.

CHORIZO CON HUEVOS*..... 15.00

Mexican sausage cooked with eggs, tomatoes, and onions.

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COMBINATIONS

All items are served with Mexican rice and refried beans, filled with your choice of cheese, chicken, shredded beef, or ground beef. Whole beans are available upon request. | **ADD CHEESE SAUCE FOR \$1.75.**

15.00 COMBOS

- 1. ENCHILADA AND TACO
- 2. ENCHILADA AND TOSTADA
- 3. TWO TACOS
- 4. TWO ENCHILADAS
- 5. BURRITO AND TACO
- 6. GRILLED CHIMICHANGA
(Not fried) Served with sour cream and guacamole.
- 7. CHIMICHANGA
Served with sour cream and guacamole.
- 8. TACO SALAD
Topped with a scoop of sour cream.
- 9. BURRITO
- 10. CHILE RELLENO
Poblano pepper filled with queso fresco covered with a mild red tomato sauce (no choice of meat).

18.00 COMBOS

- 11. THREE TACOS
- 12. BURRITO, ENCHILADA, TACO
- 13. TWO ENCHILADAS AND TACO
- 14. ENCHILADA, TACO AND TOSTADA
- 15. ENCHILADA AND CHALUPA
- 16. ENCHILADA AND BURRITO
- 17. ENCHILADA AND TWO TACOS
- 18. CHILE RELLENO AND BURRITO
Poblano pepper filled with queso fresco covered with a mild red tomato sauce.
- 19. CHIMICHANGA AND ENCHILADA
Served with sour cream and guacamole.
- 20. CHIMICHANGA AND BURRITO
Served with sour cream and guacamole.

ANY CHANGES OR SUBSTITUTIONS TO AN ITEM WILL HAVE AN ADDITIONAL CHARGE

TACOS

STREET TACOS..... 15.00

Three tasty corn tortillas, packed with your choice of juicy grilled chicken, carnitas, pastor or steak, and topped off with fresh cilantro, and onions. Not served with Rice and Beans.

TACOS DE CARNE ASADA..... 25.25

Four soft corn tortillas filled with our special tender skirt steak. Garnished with cilantro and onions. Served with Rice and Beans.

STREET TACOS



QUESABIRRIA TACOS

QUESA BIRRIA TACOS..... 20.00

Beef stew shredded and folded into crispy, cheese filled corn tortilla. Grilled to perfection and served with a side of savory dipping broth and rice. Garnished with fresh onion, cilantro and lime.

TACOS AL CARBÓN

Four tacos with tender, flamed-broiled and chopped steak or chicken breast. Served in warm corn tortillas with “salsa fresca”, topped with lettuce, pico de gallo and Parmesan cheese.

CHICKEN - 21.50 | STEAK - 25.25

BAJA FISH TACOS..... 20.00

Three battered cod fish tacos, raw cabbage and fresh cilantro. Served with rice and beans. (Flour tortillas).



BAJA FISH TACOS

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BURRITOS GRANDES

All items are served with rice and beans.

PORK CARNITAS BURRITO 20.00

Authentic pork carnitas with rice and beans inside topped with mild green sauce, cheddar cheese and garnished with pico de gallo and sour cream.



SHRIMP BURRITO

SEAFOOD BURRITO 20.00

Sauteed shrimp, scallops, fish, carrots, onions, green peppers and mushrooms smothered with a special creamy sauce and topped with Jack cheese.

SHRIMP BURRITO 20.00

Soft flour tortilla with sauteed veggies, shrimp, beans and rice. Topped with our delicious cream sauce garnished with tomatoes and cilantro.

CHORIZO BURRITO 20.00

A huge burrito filled with Mexican sausage and eggs, smothered with a red mild tomato sauce and topped with melted cheese.

CARNITAS BURRITO 20.00

Choice of chicken or steak with onions, bell peppers, Mexican rice and refried beans inside, topped with a red mild tomato sauce, Jack and cheddar cheese, pico de gallo and sour cream.

CARNE ASADA BURRITO 25.25

Skirt steak, refried beans and Mexican rice inside, topped with a red mild tomato sauce, cheddar cheese, grilled green peppers, onions, pico de gallo and sour cream.

CHICKEN CHIPOTLE BURRITO 20.00

Strips of chicken breast sauteed with green peppers, onions and our special chipotle sauce.

MACHO BURRITO 18.00

Large flour tortilla stuffed with ground beef, chicken or picadillo, rice and beans inside. Topped with a red mild tomato sauce and cheddar cheese. Garnished with lettuce, tomatoes, sour cream, Parmesan cheese and guacamole.



MACHO BURRITO

BURRITO DOS AMIGOS 20.00

A huge burrito 1/2 filled with Chile Verde and 1/2 filled with Chile Colorado. The Chile Verde portion is topped with Jack cheese and the Chile Colorado with cheddar. Topped with cooked onions and green peppers. Pico de gallo, refried beans and Mexican rice inside.

VEGETARIAN DISHES

All items are served with Mushrooms, carrots, zucchini, broccoli, Mexican rice and Rancho (cholesterol-free) beans.

VEGI-FAJITAS 17.25

VEGI-MACHO BURRITO 17.25

VEGI-ENCHILADAS 17.25

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ENCHILADAS TRADICIONALES.....17.00

All enchiladas are served with Mexican rice and refried beans. Whole beans available upon request. Choose ground beef, shredded beef, chicken or cheese. **ADD CHEESE SAUCE FOR 1.75.**

ENCHILADAS RANCHERAS

Two corn tortillas rolled and stuffed with your choice of meat, covered in mild red sauce, topped with lettuce, tomatoes and sour cream.

ENCHILADAS BLANCAS

Two corn tortillas rolled and stuffed with your choice of meat. Topped with delicious white cream sauce.

ENCHILADAS CHIPOTLE

Two corn tortillas rolled and stuffed with your choice of meat, covered in our special chipotle sauce.

ENCHILADAS DE MOLE

Two corn tortillas rolled and stuffed with your choice of meat. Topped with delicious sweet and spicy mole sauce.

FAJITAS

Fajitas are served over a bed of sauteed onions, green peppers, Mexican rice, and refried beans. (Whole beans available upon request.) Also served with pico de gallo, sour cream, guacamole, cheddar cheese and tortillas. Any changes or substitutions to an item will have an additional charge.

STEAK FAJITAS.....23.00

CHICKEN FAJITAS20.25

PORK FAJITAS.....20.25

SHRIMP FAJITAS20.25

FAJITA SAMPLER PLATTER....25.25

Steak, chicken and shrimp.

FAJITA FUNDIDA

Chicken or steak covered with Jack cheese and tomatoes.

CHICKEN - 20.75 | STEAK - 23.50

ENCHILADAS VERDES

Two corn tortillas rolled and stuffed with your choice of cheese, chicken, ground beef, shredded beef, or pork (chili verde), covered with our light green tomatillo sauce and topped with melted cheese. Garnished with sour cream and green onions.

ENCHILADAS SUNRISE*

Two corn tortillas rolled and stuffed with your choice of meat. Covered with two over-easy eggs.

ENCHILADAS ESPECIAL

Two corn tortillas rolled and stuffed with your choice of meat, smothered with light red sauce. Topped with fresh chopped onions, oregano and Parmesan cheese.

DELUXE ENCHILADAS

Two corn tortillas filled with your choice of shrimp or crab. Garnished with green onions.

FAJITA CHIMICHANGA

Chicken or steak with onions and peppers. Served deep- fried, topped with cheese sauce.

CHICKEN - 20.25 | STEAK - 23.00

FAJITA BURRITO

Soft flour tortilla with rice, beans, grilled onions and green peppers. Choice of steak, chicken or shrimp fajita. Garnished with pico de gallo, sour cream and guacamole.

CHICKEN - 20.25 | SHRIMP - 20.25 | STEAK - 23.00

FAJITA QUESADILLA

Crispy, flour tortilla filled with peppers, onion, cheddar and Jack cheese. Choose steak, chicken or shrimp. Served with sour cream and guacamole.

CHICKEN - 20.25 | SHRIMP - 20.25 | STEAK - 23.00

STEAK BOWL



GRILLED CHICKEN BOWL

BOWLS

All our bowls are served with rice, whole beans, cilantro, tomatoes, sour cream and avocado slices.

GRILLED CHICKEN BOWL.....20.00

STEAK BOWL.....22.00

VEGETARIAN.....20.00

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CARNE

All items are served with rice and beans.

CARNE ASADA*.....**25.25**

Thin sliced tender skirt steak, flame-broiled and garnished with guacamole and pico de gallo.

12OZ. RIBEYE Y MAS*.....**37.00**

A flame-broiled 12-ounce ribeye steak with tender shrimp, smothered in a buttery sauce with mushrooms, onions, and your choice of chipotle, diablo, or ajillo for a flavorful kick.

STEAK JALISCO*.....**30.00**

12 oz Rib-eye steak topped with sautéed onions, tomatoes, bell peppers and mushrooms. Garnished with pico de gallo.

CHILE COLORADO*.....**18.50**

Chunks of beef cooked in a dark red sauce made with tomatoes, onions, mild peppers and spices.

CHILE VERDE*.....**18.50**

Chunks of lean pork cooked in a mild green tomatillo sauce. And garnished with lettuce and tomatoes.

AUTHENTIC CARNITAS*.....**19.50**

Roasted Pork cooked in spices. Served with pico de gallo.



CHICKEN.....**20.25**

Most item are served with Mexican rice and choice of refried beans or Rancho beans (cholesterol-free).

ARROZ CON POLLO

A mild Mexican specialty of chicken breast sauteed with mushrooms and onions. Served on a bed of rice covered with cheese, smothered with our red mild sauce and garnished with lettuce, tomatoes and cheese. (Not served with beans.)

POLLO RANCHERO

Strips of chicken breast sauteed in a butter sauce with onions, peppers and cilantro and topped with Spanish sauce. Garnished with lettuce and tomatoes.

POLLO A LA PARRILLA

Boneless, skinless chicken breast marinated with herbs and spices, then flame- broiled with onions. Garnished with guacamole, lettuce and pico de gallo.

POLLO MAZATLÁN

Grilled chicken breast sauteed in our special creamy sauce with green peppers, onions, carrots, celery and mushrooms. Served on a bed of rice, garnished with lettuce, tomato and cheese. (Not served with beans)

POLLO A LA CREMA

Boneless chicken breast sauteed with tomatoes, onions and bell peppers. Then mixed with a delicious, creamy sauce. Garnished with lettuce and tomato.

POLLO CHIPOTLE

Strips of chicken breast sauteed with tomatoes, bell peppers and onions. Cooked in a chipotle sauce. Garnished with lettuce.

POLLO EN MOLE

Chunks of chicken breast tenders, cooked in a delicious sweet-spicy mole sauce and garnished with lettuce and tomatoes.

POLLO FUNDIDO

Rolled crispy flour tortilla filled with shredded chicken and smothered with creamy sauce and American cheese. Garnished with lettuce, tomato, guacamole and sour cream.

POLLO CARNITAS

Chicken breast sauteed with green peppers, onions, tomatoes and mushrooms. Served with sour cream and pico de gallo.

POLLO CON QUESO

Strips of chicken breast sauteed with onions, bell peppers and mixed with cheese sauce. Garnished with lettuce and tomato.

POLLO A LA DIABLA

Strips of chicken, onions, mushrooms cooked in a red-hot spicy sauce.

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SEAFOOD

All items are served with Mexican rice, choice of refried beans or whole beans (cholesterol-free).

CAMARONES A LA CREMA..... 20.00

Shrimp and mushrooms sauteed with onions in a delicious cream sauce.

CAMARONES CHIPOTLE 20.00

Shrimp sauteed with garlic butter, mushrooms and onions. Covered with chipotle sauce.

CAMARONES AL MOJO..... 20.00 DE AJO

Shrimp, mushrooms and onions sauteed in a buttery sauce with garlic and chiles, mild or spicy. Garnished with lettuce and tomatoes.

CAMARONES A LA DIABLA.... 20.00

Shrimp, mushrooms and onions sauteed in a spicy or mild red sauce.

MARISCOS LA ISLA



MARISCOS LA ISLA 28.00

Fish, shrimp, scallops, octopus, clams, and muscles all slowly simmered and cooked in our secret diablo sauce (hot and spicy) served with rice and pico de gallo.

SEAFOOD CHIMICHANGA..... 20.00

Sauteed shrimp, scallops, fish, celery, carrots, onions, green peppers and mushrooms rolled in a crisp flour tortilla with special salsa, guacamole and sour cream.

CAMARONES MAZATLAN..... 20.00

Shrimp marinated with a special homemade creamy sauce, sauteed with mushrooms, onions, tomatoes, carrots, celery and bell peppers served over rice and a salad garnish.

CIELO, MAR, Y TIERRA



CHEF'S SPECIALS

CIELO, MAR, Y TIERRA 28.00

Features grilled chicken, sautéed shrimp, and tender skirt steak, offering a delicious mix of smoky, savory, and succulent flavors from land, sea, and sky, making it a hearty and satisfying meal that celebrates the diversity of taste from the earth, ocean, and sky.

MENUDO 20.00

Mexican traditional soup with beef tripe in a red broth.

CARNE ASADA CON CAMARONES..... 29.50

Skirt steak and shrimp. Cooked with grilled onions and mushrooms. Served with guacamole and pico de gallo with your choice of sauce. Choose from creama, chipotle, or garlic butter.

WHOLE TILAPIA (FRIED)..... 23.00

Served with rice and garnished with a salad.

TRES POTRILLOS..... 23.00

Steak, chicken, and shrimp sauteed with onions, peppers and a special sauce. Served with rice and beans. Garnished with pico de gallo.

CANCÚN PLATTER..... 23.00

Chicken, shrimp and crab sauteed with onions, tomatoes, bell peppers, cilantro and mushrooms served over a bed of rice with melted cheese. Not served with beans



CANCÚN PLATTER



GRILLED SALMON

CAMARONES MONTERREY..... 22.00

Rock shrimp rolled in bacon strips, covered with Jack cheese, then baked with onions, tomatoes and bell peppers. Served with lettuce, pico de gallo, sour cream and guacamole.

FILETE DE TILAPIA..... 19.00

One grilled tilapia fillet served with rice and salad.

GRILLED SALMON 21.00

Seasoned salmon topped with mango salsa. Served with rice and sautéed vegetables.

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KIDS MENU

8.25

Served to children 10 years old and younger. All the items are served with rice, beans or fries and your choice of meat, ground beef, shredded beef or chicken.

CHOOSE ONE ITEM

Enchilada, taco, burrito, or tostada

CHICKEN TENDERS

Served with fries

CHEESE QUESADILLA

Add meat for 1.75

DESSERTS

6.75

DEEP-FRIED ICE CREAM

Amazingly delicious! A vanilla ice cream ball, deep-fried with a crunchy coating. Served with chocolate, strawberry or honey.

CHEESECAKE CHIMI

Served with ice cream.

SOPAPILLAS

Deep-fried, light flour tortilla puffs topped with honey and cinnamon sugar. Served with ice cream.

SIDES

FRIES 6.00

DELUXE 6.00

Sour cream and guacamole

PICO DE GALLO 3.00

DEEP-FRIED JALAPEÑOS (3) 3.00

TORTILLAS (4) 2.00

Flour or corn

GUACAMOLE MARKET PRICE

SOUR CREAM 2.25

RICE AND BEANS 10.00

RICE 7.00

BEANS 7.00

ENCHILADA 6.25

Choice of cheese, beef, chicken or picadillo

CHILE RELLENO 8.75

Poblano pepper coated in egg batter, stuffed with queso fresco, smothered in a red mild tomato sauce and parmesan cheese.

NON-ALCHOLIC BEVERAGES

SMOOTHIES 7.75

Piña Colada, Raspberry, Strawberry, Banana, Peach, Mango

AQUAS FRESCAS (NO REFILLS) 7.75

Horchata, Jamaica

SOFT DRINKS – ONE FREE REFILL 3.50

Apple Juice

Pineapple Juice

Cranberry Juice

Orange Juice

Coke, Diet Coke, Cherry Coke, Sprite, Fanta, Lemonade, Root Beer, Mello Yello

Coffee

Milk

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LUNCH MENU

Monday thru Friday 11:00am to 3:00pm

LUNCH SPECIALS

All items are served with Mexican rice and your choice of refried beans or Rancho beans (cholesterol-free).

BAJA FISH TACOS



BAJA FISH TACOS.....12.50

Two battered cod fish tacos, raw cabbage and fresh cilantro. Served with rice and beans. (Flour tortillas).

FAJITAS.....12.50

Your choice of chicken or steak fajitas served sizzling hot over sauteed onions, green peppers and tomatoes. Served with pico de gallo, guacamole, sour cream and soft warm corn or flour tortillas.

FAJITA QUESADILLA.....12.50

Crispy flour tortilla filled with cheddar cheese, Monterey Jack cheese, peppers, onions and delicious steak or chicken fajita meat. Served with sour cream and guacamole.

FAJITA BURRITO.....12.50

Soft flour tortilla stuffed with rice, beans, grilled onions and green peppers and steak or chicken smothered with salsa and cheddar cheese. Garnished with lettuce, tomatoes, sour cream and guacamole.

CHILE VERDE.....12.50

Chunks of pork blended in a mild green tomatillo sauce, with green peppers and spices.

CHEESE, CHICKEN AND RICE....12.50

Chicken served over a bed of rice, topped with cheese sauce.

GRILLED CHICKEN BOWL.....15.00

served with rice, whole beans, cilantro, tomatoes, sour cream and avocado slices.

GRILLED CHICKEN BOWL



MACHO BURRITO



MACHO BURRITO.....12.50

Flour tortilla filled with rice and beans, your choice of chicken, ground beef or shredded beef smothered with burrito sauce and shredded cheese. Garnished with lettuce, tomatoes, sour cream, guacamole and Parmesan cheese.

POLLO FUNDIDO.....12.50

Rolled crispy flour tortilla filled with shredded chicken and smothered with creamy chipotle sauce and American cheese. Garnished with lettuce, tomato, guacamole and sour cream.

POLLO FUNDIDO



ARROZ CON POLLO.....12.50

Boneless chicken breast sauteed with our special sauce, mushrooms and onions. Served over a bed of rice and topped with cheese (not served with beans).

CHILE COLORADO.....12.50

Chunks of beef cooked in a red chile sauce.

TWO SHRIMP ENCHILADAS....12.50

Two corn tortillas filled with sauteed shrimp, tomatoes and onions. Garnished with our own red sauce. Garnished with green onions.

POLLO CHIPOTLE12.50

Strips of chicken breast sauteed with tomatoes, bell peppers and onions. Cooked in a chipotle sauce. Garnished with lettuce.

POLLO A LA DIABLA12.50

Strips of chicken, onions, mushrooms cooked in a red-hot spicy sauce.

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LUNCH COMBOS

All items are served with Mexican rice and beans and your choice of meat – chicken, beef or shredded beef.

21. CHILE RELLENO (CHEESE)....9.50

Poblano pepper filled with queso fresco covered with a mild red tomato sauce.
22. TWO TACOS.....8.75
23. CHALUPA.....8.50
24. TOSTADA.....8.50
25. BURRITO.....9.50

Choice of chicken, beef, shredded beef, Chile Colorado or Chile Verde.
26. TWO TAQUITOS..... 10.50

RANCHEROS

Choice of chicken, beef or shredded beef.
27. ENCHILADA.....8.50
28. ENCHILADA ESPECIAL.....8.50

Topped with onions, oregano and parmesan cheese
29. ENCHILADA VERDE.....8.50

Served with sour cream
30. SUNRISE ENCHILADA.....10.50

One enchilada topped with an over easy egg.
31. GRILLED CHIMI.....10.50

One chimichanga served with sour cream and guacamole.
32. CHIMICHANGA.....10.50

Fried and served with sour cream and guacamole.
33. TACO SALAD.....10.50

Choice of beef, chicken or shredded beef. Served with sour cream.

LUNCH EGG DISHES.....11.00

- HUEVOS RANCHEROS*

Three eggs over-easy on corn tortillas, covered with Spanish sauce and Jack cheese.
- MACHACA*

A delicious mix of shredded beef, scrambled eggs, tomatoes, onion's and bell peppers.
- CHORIZO CON HUEVOS*

Mexican sausage cooked with three eggs, tomatoes and onions.





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